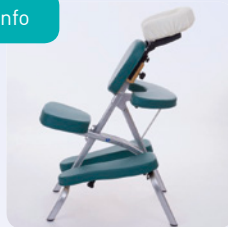


Sit4it

Stoelmassage

visit www.sit4it.nl for more info

Sit4it uses pressure point massage (shiatsu) to treat these complaints. With this technique the flow in the body is stimulated, tension decreases and the self-healing capacity of the body is activated. Physical relaxation provides recovery, better concentration, clear thinking, more focus and more energy.



Chair massage is used to prevent work-related complaints. For example RSI complaints that quickly arise during repetitive work behind screens. But also for complaints as a result of physically demanding work.

Event massage

Chair massage is a great marketing tool for events and company or product presentations. It positively strengthens the bond with your customers or audience and is an attractive addition to a seminar, company event or a congress. Sit4it chair massage easily fits into any location or activity program.



Arrangements

Sit4it offers special arrangements with cheaper rates for regular users.

Chair massage at the workplace

Chair massage is an efficient and effective means to support the vitality of employees in the workplace.

Chair massage can easily be hired at Sit4it and is possible at any location.

There's no special preparation or change of clothes involved, so it's easy and convenient. The employee can return to work quickly.

